

THE SENIOR SESSION

Style Guide



PHOTOS BY JALAYNNA

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WHAT EVERY SENIOR *needs to know*

OMG! I'm so excited about your senior sesh! It's such a huge deal, and I'm beyond grateful to help you make memories that will last a lifetime. I've put together this guide to make sure you're totally prepped and ready for your pics. Trust me, by the time you've checked it out, you'll be a total pro! All you gotta do is be yourself, have a blast, and let me handle the rest. We're gonna capture some amazing shots that you'll treasure forever. Can't wait to see you in front of my camera!





STYLING YOUR *Session*

WANT YOUR PHOTOS
TO LOOK MORE
UNIQUE?

Bring a little extra something with you! Whether you want to incorporate larger items like a horse or a classic car, or smaller ones like blankets, hats, or a bouquet of flowers. Even planning for just one extra styled item could be a fun way to make your session more unique.



SELECTING THE RIGHT *location*

THE LOCATION OF YOUR
PORTRAIT SESSION IS UP
TO YOU!

Check it out, most of my clients dig showing off the beauty of their hometown. When I do my sessions, being outside in the fresh air and open spaces produces the best images. The best is when we shoot during golden hour being that the light is stunning. There are tons of great spots surrounding our area that we can hit up. Even if I haven't been there before, I'm always down to explore and find new spots!





Think
outside of
the box

It's time to get creative! I want you to think outside the box and come up with some dope spots that not everyone has access to. Maybe you or your squad have the hookup to a private cabin, barn, pond, or field that's usually off-limits. The possibilities are endless, so take a few minutes to brainstorm and ask around. Don't be afraid to shoot your shot and **ask for permission** to places that seem impossible to get into. My seniors have scored some amazing locations in the past, so if you need some inspo, check out my website and keep scrolling through this guide. Sky's the limit!



I have some great go-to locations where we can always hit, too. Just let me know if there is a specific session you have loved and we can maybe make those same spots work! Easy. Peasy.

Tip: Shaded areas are a MUST!

STYLE TIPS

for her



BECAUSE YOU ALWAYS WANT TO REMEMBER THIS

DON'T BE AFRAID TO

*dress it up...
or down!*

Have you ever wanted to rock a long, flowy gown or a kind of out-there outfit but never had a good excuse to wear it? Well, now's your chance, girl! Your senior session is the perfect time to show off your style and have some fun with your outfit. Don't worry about being too fancy - there's no such thing as overdressed! And if you don't feel like going all out, that's cool too. A cute graphic tee or some jeans with a fun top can be just as great. Don't be afraid to mix it up and try something new, because a little variety always keeps things fresh.

Variety is Key!



SAY YES *to you*

Although I do like to tell clients that dresses (especially flowy ones!) and skirts look most stunning because they really flatter every female body, I want you to be you and dress in something that represents you! I want you to look back at your photos and remember memories of being in high school and feel beautiful in what you wore.

Quick Tip: Make sure your clothes are as wrinkle-free as you can get them. Sometimes even sitting in the car before the session can wrinkle fabrics.



A few of things that I would avoid because the camera doesn't treat them well are shorts that are tight, super flowy shirts, and rompers. Some rompers and flowy shirts can look ahmazing, but sometimes they don't flatter your waistline as well as they should. Just be cautious about that!

When considering what to wear for your session think of incorporating a variety. Do you want to have something super dressy? A more casual outfit? Sports uniforms? A fun t-shirt showing something you love? Something super trendy? Be creative and be YOU! I like to remind my seniors that you are all so incredibly stylish and always show up with the best looks.

If you're still unsure of what to wear, ask a friend to come shopping with you or over to your house and model some stuff for them! They will be honest with you about what looks good and what doesn't. Adding an accessory to your outfit always amps up the look that much more!

Still lost? INSTAGRAM! Take a look at some past seniors and what they wore. Better yet, check out some celebs Insta grids for some inspo. That should give you great ideas!





Number of Outfits

PICKING OUTFITS OUT CAN BE DIFFICULT. Making your mind up about all of your different outfit choices can be even more difficult. Please don't let this part stress you out though. As I said enlist help from friends and family and the internet to guide you! Bring 3-5 outfits with matching accessories and shoes. We may or may not use all of the outfits. We may also use them at multiple locations.

Try to go for different looks think dressy, casual, colorful, and simple. Then think different patterns and colors. Avoid every outfit being the same color and same style, so that your photos have a beautiful variety. Please also bring any athletic jerseys, sports equipment, and school activity items you would like to include in your photos. Your letterman coat should also be brought-- even if we are shooting in the summer months!

FLATTERING YOUR FEATURES

I know for a fact that every guy and girl, no matter what their body shape is, has at least one part of their bod that they're not too stoked about. Picking clothes that hug your curves and bring out your natural beauty is the ultimate way to make sure you're gonna dig how you look in all your pics.



SLEEVES create an awesome slimming effect on all arms, so be on the lookout for an option with a longer-length sleeve. You could also bring a cute jacket, blazer or cardigan along, too. Skinny straps or strapless dresses have the opposite effect on arms on camera, so we recommend avoiding those whenever possible.

OMG, high heels are like magic for making a girl's legs look amaze-balls. Closed-toe heels are especially perf for photos since they keep the line of your leg going all the way to your toes. But if you're wearing peep-toe heels, make sure your toes are on point with a fresh pedi beforehand. Trust us, these little hacks will take your pics to the next level!

QUICK TIP

Bring a pair of easy-to-kick-off flats to wear when moving from place to place in between photos. Your feet will thank you later!

Make a *statement*

Adding some accessories to your outfit can totally level up your pics. Statement necklaces bring major pop, while dainty ones don't stand out as much on camera. However, layering dainty necklaces and jewelry looks amazing! Belts, bracelets, and earrings add some major visual interest. Oh, and a bouquet of flowers is a super cute touch for a feminine vibe! Also, bring all of the props you want! This can even include cool chairs & stools!

Quick Tip: Rings, Rings, Rings....they look so good in pics!





Hair & Make-up



If you wanna look like a total goddess in your pics, then pro hair and makeup should be at the top of your to-do list. It's gonna make you look great on camera and take the stress out of getting ready on your own. Treat yourself, girl! Whether you're getting your hair blown out or getting lash extensions, pro hair and makeup will give you that extra boost of confidence you need to slay in front of the camera. Oh, and if you're getting your makeup done, make sure it's in natural light so it looks fresh and not too heavy. That's the kind of light we'll be shooting in, so it'll give you the best idea of how it'll look on camera. Don't freak out if your makeup looks too much or your false lashes look too big at first, though. Good makeup artists know how to make you look flawless on camera, and my clients always love the final result.



Pro-tips: Got frizzy hair? Bring a spray bottle to tame that frizz, girl! You can even ask a friend or parent to help you out with it. Also bringing makeup for touch ups will keep your face flawless!

FASHION TIPS

because mom wants to remember this for years to come

for him



THE BEST FIT

for him

Yo, listen up guys! If you wanna look fresh and fly in your photos, then long, fitted pants and closed-toed shoes are where it's at. They make you look like a boss and keep the focus on your handsome face. But don't worry, I'm not trying to make you look like you're going to a fancy dinner or anything. I want you to stay true to who you are, but just kick it up a notch. Pick an outfit that's totally you, like your favorite hoodie with some sick shorts and sandals. And if you wanna take it to the next level, throw on a watch to complete the look. Trust me, it'll make your pics look even better!



QUICK TIP

Keep your socks in mind when planning your outfits. Make sure your undershirt is not showing and is a color that compliments what you are wearing. Make sure your shoes are clean. Don't be afraid to borrow a pair of shoes from a friend if you don't have anything super nice. Oh, and don't forget the BELT if you need one with your outfit. This is the MOST common accessory that guys forget.

A young man with short brown hair is smiling and leaning against the back of a blue, rusted pickup truck. He is wearing a black t-shirt under a teal and white plaid button-down shirt, and blue jeans. To his right, an American flag is mounted on a silver pole. The background shows a rural setting with trees and a wooden fence. In the top left corner, there is a decorative graphic of a hand holding a pen, with the text 'Layered Looks' written in a white, cursive font.

Layered Looks

Next time you pass by a store like American Eagle or The Buckle, check out the male mannequins and models. They've always got multiple layers on, and you know why? 'Cause layers look so good on guys in pics! Even if it's hot as heck outside, it's worth a little sweat for the gram. Adding another layer will give your pics some extra pop and style. And if you wanna keep it simple, just rock a neutral color t-shirt under your button-down for an easy layer.

But hold up, it's not just about the layers, it's also about the fit. Lots of dudes like to let their button-downs hang loose, but you gotta choose a slim-fit shirt, even if you're a bigger guy. Trust me, it'll make a huge difference in how you look in your pics!



COME PREPARED

Hey bro, listen up (did I use that right? haha)! I'm not expecting you to be the next GQ model or anything, so don't sweat it! I'll guide you on how to pose and what to do with your hands and feet, so you don't have to worry about that. But what you should do is get a fresh haircut 7-10 days before your session. You should also try your outfits on beforehand, and show them off to your fam, your girl, your guy, your grandma, whoever! And don't stress out your mom, man! Don't wait until the last minute to figure out what to wear (c'mon, guys!), give yourself some time to plan. You got this.



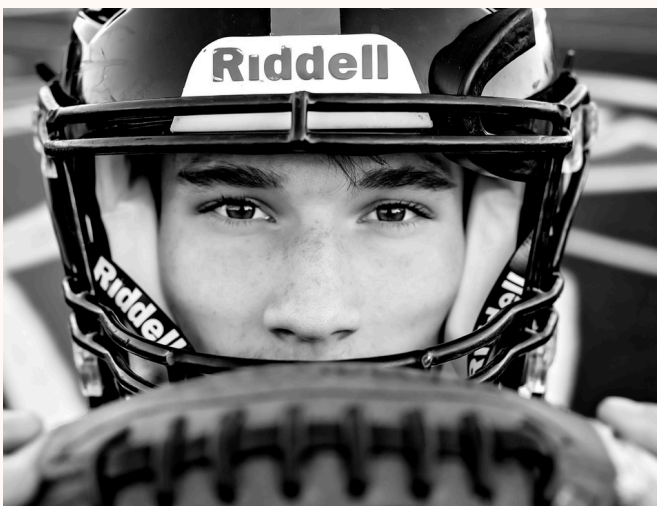
SPORTS PHOTOS

I'm all about taking sports photos! There are so many things I can do with 'em. I have some sweet ideas to make your photos pop, but I'm always down to hear your ideas too! And if you play multiple sports, I can even incorporate them all into the shoot! Just know, I do these photos outside, too! Don't worry you'll love them!



STRIKING SPORTS PHOTOS

If you want a complete sports session, I offer Striking Sports Sessions on a different date from your regular session. These sessions have an additional fee as well. Ask me for more information and how you can receive a discount on your Striking Sports Session!



Additional Questions



because we know you are thinking of these

FAQ'S

1. CAN I POST MY SENIOR PICTURES ON SOCIAL MEDIA?

Heck yes! I loooove that! I just ask that you tag me or give me credit in some fashion or another. I also ask that you don't screenshot your photos or add a filter because the quality goes downhill fast when you do that.

2. OMG! I WOKE UP WITH A HUGE ZIT ON MY FACE. WHAT DO I DO NOW?

No worries! I can edit small blemishes (and other markings) after the photos are taken. Do not stress about this.

3. I WEAR GLASSES. WILL THIS BE A PROBLEM?

This will not be a problem. However, I recommend you get the lenses taken out if possible. This will eliminate the glare in photos. I cannot edit the glare or if they transition the darkness, out of your photos and it can be a distraction when looking at your images. Also, feel free to add a cute pair of sunglasses, if you want! I always find this cute for some extra accessorizing.

4. WHAT HAPPENS IF THE WEATHER IS BAD?

We all know we live in Kansas, so this is bound to happen. I try not to cancel unless we absolutely need to. I will make the call and let you know as soon as I can. Please let me know if you plan to get your hair/makeup done so I don't end up canceling when you have already paid for those services!

5. WHERE DO I CHANGE OUTFITS?

I make great use of public restrooms, vehicles, and do my best to plan our shooting route around the easiest and best places to change. I have yet to have a senior in a position where they had to change in public and were uncomfortable. Most places that we shoot are public so have restrooms available.

6. HOW SHOULD I LET YOU KNOW MY IDEAS FOR MY SESSION?

Are you someone who lives on TikTok, Pinterest or Instagram? I am! We will touch base before your session and you can send me your ideas then, or you are welcome to screenshot and come with your inspiration and show me at your session!

7. CAN I BRING SOMEONE ALONG TO MY SESSION?

I strongly encourage and HIGHLY recommend that you bring someone along. I might even give them small responsibilities along the way to keep them involved. Plus, they might help make you laugh for a couple of "candid" shots!

Ordering Products!

I know that picking out photos for your home or for gifts for others can be difficult. I am here to make this process simple and answer any questions you have along the way! I know that digital files are AMAZING to have so you can share your beautiful images on social media with your friends and family, but I really do feel that it is so incredibly important to print your images so you have something that can be passed on from generation to generation and not get lost on your computer. Both sessions come with digital images, but products are also available for purchase through my website.

Buying Prints:

Ordering prints through me or on my website means you have a professional who is going to help you choose the best images, sizes, format, etc. that will work for YOU. This will save you a lot of time, and will take the guess work out on if you are going to receive a quality product. We can either set up a time together to do an order or you can order directly from my site that sends the order directly to my professional lab. I proof the order to ensure that cropping is correct, and that everything is perfect before it goes. The prints then will be mailed directly to you from my lab.

Downloading & Self-Printing:

Once you've received your gallery there will be a button that allows you to download your pictures directly from my website to your computer. There are no limits on downloading so family members can download their own sets. **You'll want to download to your computer vs. a phone for ordering due to resolution issues.** For printing I have the best luck with MPIX.COM. They have every photo product you could imagine. It's reasonably priced and great quality. I always tell people to avoid "big box" stores. Their printers are never calibrated making inaccurate coloring. Plus, I think you'll see mpix.com may even beat them on pricing. I'm not sponsored by them or anything, I just love their work!

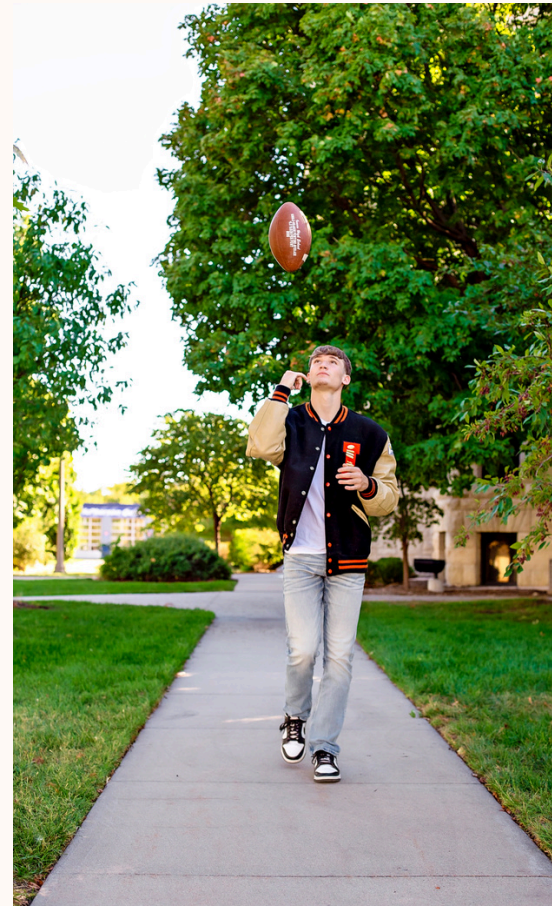




PHOTO DELIVERY TIMELINE

1 WEEK

SOCIAL MEDIA SNEAK PEEK
WITH A FEW OF OUR FAVORITE
IMAGES

4 WEEKS

VIRTUAL VIEWING OF YOUR
ONLINE GALLERY

AFTER VIEWING

THE ORDERING &
DOWNLOADING CAN BEGIN



one final note

I just dropped some major knowledge on you, but don't stress! I made this guide to help you have an epic senior session that you'll cherish for a long time. But here's the real deal: the place you pick and the clothes you wear aren't as important as the memories you create. I care about the memories you'll make in the future, so I want you to just be yourself and have a blast during your session.

So relax, have fun, and let's create some awesome memories together!

PORTRAIT SESSION

Checklist

- REVIEW GUIDE FOR STYLE TIPS

- SCHEDULE HAIR AND MAKEUP APPOINTMENTS

- CHOOSE YOUR OUTFITS

- TRY ON YOUR OUTFITS WITH ACCESSORIES FOR FRIENDS AND FAMILY FOR SUGGESTIONS AND INPUT

- COME PREPARED WITH:
 - Flats or flip-flops for walking between photo

 - All the gear you need (sports gear, instruments, etc.)

 - Other outfits (if you're doing multiple, jerseys, letterman coat)

 - Touch-up makeup, brush, comb

 - Water bottle

 - Coat or cover-up (for colder sessions)

 - A friend or family member

 - Your beautiful smile!



*I can't wait
See you soon!
Jalaynna*

photosbyjalaynna.zenfolio.com